

# 4x4 Labs 3rd Gen 4Runner Rear Bumper Installation Instructions

## Preparation

1. Remove entire rear bumper so that the frame rails are the only thing exposed.



2. Remove resonator at the end of the exhaust. Cut the exhaust hanger and trim the exhaust so that it exits out at an angle behind the rear tire. A proper exhaust tip can be added easily or it can be left as it is





3. Install nut plates in the frame so they line up with the two furthest mounting bolt holes inside the frame.





4. Place assembled bumper onto frame rails and align with holes in frame. Install the nut plate bolts first so they don't get knocked out of alignment with the frame holes. Tighten up remaining bolts.





